



MAKE YOUR OWN HAND SANITIZER!

Did you know that hand sanitizer is easy to make at home? With hand sanitizer being sold out nearly everywhere, you may want to try these simple recipes.

HAND SANITIZER GEL

INGREDIENTS:

Isopropyl alcohol	Tea tree or other good-smelling essential oil
Aloe vera gel	

PREPARATION

Mix 3 parts isopropyl alcohol to 1 part aloe vera gel. Add a few drops of oil.

HAND SANITIZER SPRAY

INGREDIENTS:

Isopropyl alcohol	Distilled water
Glycerol or glycerin	Spray bottle
Hydrogen peroxide	

PREPARATION

Mix 12 oz. alcohol with 2 tsp. glycerol. Mix in 1 Tbsp. hydrogen peroxide, then 3 oz. distilled (or boiled and cooled) water. Pour into a spray bottle. Can also be used with paper towels as a wipe.